

COSTA RICA EXTREME EXPERIENCE



*8 Days / 7 Nights
Experience all the excitement,
adventure and natural
settings that Costa Rica offers*

Introduction

This Vacation Package has been designed for travelers that are looking forward to spend a great adventure in Costa Rica and see for themselves what Costa Rica is all about... amazing volcanoes, incredibly extreme activities and dense rainforests.

Day 1 and 2

On your arrival at Costa Rica, a shuttle will be waiting for you at Juan Santamaria Intl Airport to take you to the Hotel Holiday Express, just 5 minutes from the airport. You will be checking in at a Standard Room at this great hotel, where you can relax by the pool and spend the night here waiting for the next day, when all the adventure starts!

The next day you can have a breakfast buffet at the hotel before your shuttle picks you up at the hotel to take you to your white water rafting adventure at the Pacuare river or if you prefer you can have breakfast on your way to the river where you will be served a typical Costa Rican breakfast.

The Pacuare River is one of the top five rafting rivers in the world for its scenery and rapids. This quintessential tropical river is a trip of pure magic, unsurpassed beauty, wildlife and exhilarating rapids.



Private Shuttle



Hotel Holiday Express



Standard Room



Rafting Pacuare River

After changing comfortably into your swim gear we will drive to our private put in. At our put in the safety talk, equipment fitting and familiarization are done before embarking in the best rafting the country has to offer. You will be ready to raft 14 miles deep in the heart of densely vegetated gorges, past gushing waterfalls, serene

pools and pounding rapids, in one of Costa Rica's most impressive primary rainforests. You will have lunch during this tour and once all the adventure is over, you will be transported to your hotel Garden Court and spend your evening comfortably at your leisure.



Monteverde

Day 3-5

On your third day in Costa Rica, you can enjoy breakfast at Denny's Restaurant before we take you to the Monteverde Cloud Rainforest region on a microbus.

You will be checking in at Hotel El Sapo Dorado. For your comfort all suites at El Sapo Dorado offer private entrance and porch, private bath with hot water shower, 2 queen-sized beds with orthopedic mattresses, versatile lighting, and a table and chairs for writing, playing games, or enjoying room service. All suites accommodate up to 4 people and are surrounded by spacious tropical grounds perfect for children's outdoor fun.



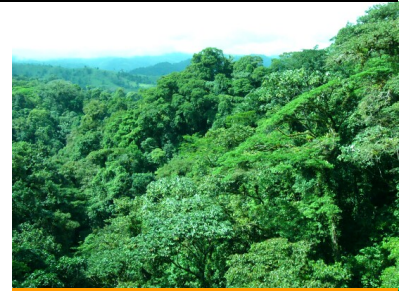
Hotel El Sapo Dorado

In addition El Sapo Dorado offers you the luxury and convenience of five kilometers of self-guided trails adjacent to the hotel where you can explore both primary and secondary forests, open pastures and panora-

mic views of the Gulf of Nicoya.

These trails are reserved for the exclusive use of our guests and offer a quiet alternative to the larger reserves.

The next day you can enjoy of “a la carte” breakfast before you take off on the adventure of a lifetime! We will pick you up early in the morning to take you to the Skytrek-Skytram and SkyWalk adventure! You will be literally flying throught the rainforest, enjoying of all the immense natural habitat that the Monteverde rainforest offers to all its visitors.



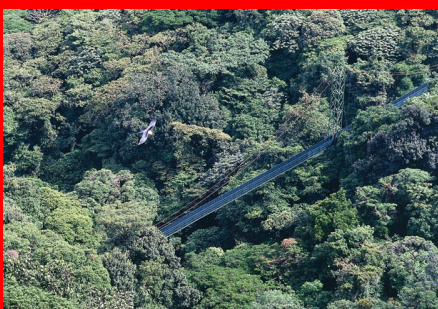
Monteverde



Skytram



Skytrek



SkyWalk

Sky Trek gives you the opportunity to fly by a cable, through Monteverde’s world famous Cloud Forest, in a tour full of adrenalin and adventure, at a speed of 60 KM/H at heights up to 140 meters. Sky Trek consists in 11 cross-sectional zip lines, that make available the possibility of observing the Cloud Forest of Monteverde and its landscapes from a different perspective, with total security in an innovated system.

Sky Walk it's a system of 6 suspension bridges (with lengths of even 984 feet), that go above the canopy of the Monteverde Cloud Forest, which allows you to appreciate the flora and fauna of Costa Rica from a different perspective.

Sky Walk reunites all the conditions of security and confidence. It's construction has been adapted even for people with some di-

sability. After a day of full adrenalin rush, we will take you back to your room, so that you can relax, take a shower and enjoy the rest of the day at the hotel and nearby shops and restaurants.

Day 5-7

On your fifth day in Costa Rica, you will experience a great journey through the wilderness. After having breakfast at Hotel El Sapo Dorado, we will take you from Monteverde to the Arenal region by jeep, to later take a boat and finally on a horseback ride to your final destination, Hotel Arenal Lodge. This mean of transportation will allow you to admire and explore a region that not so many tourists get to see and it is the fastest way to go from Monteverde to Arenal. This is a one-of-a-kind trip that you will remember for years!

Once in the Arenal region, you will be checking in at hotel Arenal Lodge. This cozy lodge located on a 2000 acre property, surrounded by lush nature and a rain forest housing hundreds of exotic birds and animals, offers a unique panoramic view of the volcano and lake with our warm hospitality.

The Arenal Volcano is active since 1968 and is constantly ejecting gases, water, fumaroles and explosions that are every visitors amusement.



Arenal Volcano and Lake



Eruptions at Arenal



Hotel Arenal Lodge

The Lodge offers 50 beautiful rooms, a restaurant, a gift shop, 3 jacuzzis, a swimming pool, a game-room for children, an outdoor playground area, a Fitness room, a Steam bath, walking trails, free Internet access, Butterfly garden, trails and laundry service .

The next day you will be on a mountain bike tour around Lake Arenal where you will experience the Arenal rainforest on a mountain bike that will take you through paths full of mud and dense vegetation. At certain point, you will do a river crossing where you might want to take a dip into the water and then continue onto the road around Lake Arenal as we take the regional paved road leading back towards La Fortuna. You will have snacks and drinks available throughout the entire tour and a support vehicle as well. All the biking gear is provided for your comfort and safety.

We also have reserved for you a canyoning tour... the ultimate waterfall adventure. We will pick you up early in the morning and after having a delicious breakfast, the adventure begins.

Your trip begins with a 30 minutes 4x4 drive into a tropical Rainforest outside the town of La Fortuna, in the Arenal Volcano . We stop to see many different indigenous plants and animals along the way. We then trek through the forest on magical trails that lead to some of the most spectacular waterfalls in Costa Rica, a place very few people get to experience. Along the way we will have the chance



Arenal Volcano Biking



Canyoning at Arenal

to see monkeys, toucans; sloth's, parrots and discover the secrets that lie hidden deep in the canyon.

When we arrive at the waterfalls we will rappel from the top down into the beautiful pristine canyon below.

After trekking through the canyon we will rappel down more waterfalls that will take us to the tranquil pools where we enjoy some fresh tropical fruits and snacks, do some bird watching, or just relax in this unspoiled paradise.

After this adventurous day, you will have the chance to relax at the hotel, take a bath and enjoy the rest of the day.

Day 8

On your last day you will be picked up at the hotel and our private shuttle will take you to San Jose to be on time at the airport. This ends your Costa Rica Extreme Experience vacation, with lots of adventure, nature and memories to share with your family and loved ones.



Canyoning at Arenal



Private Shuttle



**Juan Santamaria Intl
Airport**

This Vacation Package includes all the following:

<u>Vacation Package Includes:</u>	<u>Driving Times:</u>	<u>Meals included:</u>
<p>2 nights at Hotel Holiday Express at Standard room 2 nights in Sunset Terrace Suite in hotel El Sapo Dorado 3 nights at Hotel Arenal Lodge at a Junior Suite Pick up and drop off at Juan Santamaria International Airport Transfer to all hotels and activities 1 day white water rafting Skywalk, Skytrek and Skytram Canyoning Mountain Biking Horseback Ride</p>	<p>Juan Santamaria Airport-Hotel Holiday Express: 5 min Hotel Holiday Express-Hotel El Sapo Dorado: 4 hours Hotel El Sapo Dorado-Hotel Arenal Lodge: 3.5 hours Hotel Arenal Lodge-Juan Santamaria Airport: 4 hours</p>	<p>Breakfast every day Lunch on days 2 and 6</p>